

### Characteristics of Commonly Used Benzodiazepines

Generic Name	Brand Name	Equipotent Dose (mg)	Typical Dose (mg)	Upper Limit Dosage (mg/day)	Onset of Action (mins)	Duration of Action (hrs)
Alprazolam	Xanax	0.5	0.5–1	4–6	20–30	2–3
Alprazolam XR	Xanax XR	1	0.5–2	4–6	30–120	8–12
Clonazepam	Klonopin	0.25	0.5–2	4–6	30–60	4–6
Clonazepam wafers	Klonopin Wafers	0.25	0.5–2	N/A	10–20	1
Diazepam	Valium	5–10	5	10–20	20–30	8
Lorazepam	Ativan	1	1–4	4–6	30–60	3–4

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