

Categories and Effects of Inhalants			
Chemical Name	Slang Name(s)	Source/Examples	Adverse Effects
Anesthetics			
Diethyl ether	Ether	Anesthetic, solvent	Dizziness, hallucinations
Nitrous oxide	Laughing gas, nox, whippits	Anesthetic, whipped cream propellant	Anemia, Guillain-Barré syndrome, neuropathy
Nitrites			
Amyl nitrite	Poppers, locker room	Anti-anginal medication	Dyspnea, anoxia
Butyl nitrite	Liquid gold, highball	Room deodorizer	Crusty skin lesions, methemoglobinemia
Cyclohexyl nitrite	Rush	Room deodorizer	
Isobutyl nitrite	Aroma of men	Popper	Syncope
Solvents/Fuels			
Carbon tetrachloride	Tet	Dry-cleaning agent	Liver damage
Chlorofluorocarbon	Freebies (freon)	Aerosol propellant, refrigerant	Sudden sniffing death syndrome
Butane	Fire dragon, gas huffer	Cigarette lighter fluid, spray paint	Sudden sniffing death syndrome
Epoxies	Glue	Model airplane glue	Goodpasture syndrome, heart failure
Gasoline		Vehicle fuel	White matter changes
Hexane		Paint remover, adhesive	Neuropathy
Methylene chloride		Paint remover, rust remover	Emphysema
Methyl-n-butyl ketone (MBK)		Solvent, adhesive	Neuropathy
Propane		Gas grill fuel, spray paint	Anoxia, heart failure
Toluene	TNT	Solvent, paint thinner, shoe polish	Brain atrophy, liver toxicity, renal tubular acidosis