## A CARLAT PSYCHIATRY REFERENCE TABLE

Off-Label Dosing of Gabapentin	
Use	<b>Total Daily Dosage</b>
Akathisia	300–2400 mg
Alcohol use disorder	600–2400 mg
Anxiety disorders	300–3600 mg
Bipolar disorder (as an adjunct)	900–4800 mg
Insomnia	200–900 mg
Restless legs syndrome	300–2400 mg

From the Article:

"An Off-Label Guide to Gabapentin"

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The Carlat Psychiatry Report, Volume 20, Issue 2, February 2022

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