

Contributing Causes of Delirium

Predisposing Factors	Acute Insults	Environmental Exposures	Medications
<ul style="list-style-type: none"> • Advanced age • Deconditioning • Dementia • Hearing/visual impairment • Kidney or liver disease • Malnutrition • Polypharmacy • Substance use 	<ul style="list-style-type: none"> • Dehydration • Fracture • Hypoxia • Infection • Malnutrition • Metabolic abnormalities • Pain • Severe illness • Surgery • Trauma • Urinary or stool retention 	<ul style="list-style-type: none"> • Intensive care unit • Restraints • Sleep deprivation 	<ul style="list-style-type: none"> • Anticholinergics • Benzodiazepines • Corticosteroids • Dopamine agonists • Narcotics including meperidine • Sedative/hypnotics • Valproic acid (hyperammonemia)

Source: Kalish VB et al, *Am Fam Physician* 2014;90(3):150-158

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